

Little Falls Recreation Presents....



6 Week Virtual Fitness Program For Young Athletes & Adults



The Little Falls Recreation Department has partnered with Final Round Health and Fitness to provide a Virtual Summer Workout Program for Young Athletes and Adults that did not have the opportunity this Spring or Summer to stay active, participate in youth sports or get to their local gym due to the COVID-19 Pandemic.

This 6 Week affordable fitness program is a great opportunity for the young athletes and adults in Little Falls to get back into shape before the start of Fall 2020 Sporting Activities.

Once registered for the Program, a link/discount code will be emailed to your Community Pass email address that will give you access to the entire 6 Week Program.

FEE: \$ 25.00

If you have any questions please call the Recreation Office at (973) 256-3884.

HOW TO REGISTER

Go To:

<https://register.capturepoint.com/LittleFallsTownship>

Step 1: Set up your user account & password.

Step 2: Sign up for available programs all year long.

Step 3: You will receive payment confirmation via email.

Step 4: Receive emails/notifications and program info.