



CLIFTON HEALTH DEPARTMENT

900 Clifton Avenue
Clifton, NJ 07013

CLIFTON HEALTH DEPARTMENT AND HACKENSACK MERIDIAN HEALTH MOUNTAINSIDE MEDICAL CENTER TO HOLD PROSTATE CANCER SCREENING

For Immediate Release

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[Clifton]- The Clifton Health Department, in partnership with Hackensack Meridian *Health* Mountainside Medical Center, will be hosting a **FREE Prostate Cancer Screening** on **Thursday, November 7th from 2pm-4pm** at the **Clifton Health Department Clinic, located at 900 Clifton Ave. in Clifton**. Men who are *not* under the care of a urologist, are between 50-75 years of age, have a family history of prostate cancer, have *not* had a Prostate Cancer Screening in *over* 6 months, or are African American and aged 45 or older qualify for this free screening. This cancer-related screening includes the prostate-specific antigen (PSA) blood test, digital rectal exam (DRE) and counseling. Registration is required; please call 973-470-5773 to register. This screening is open to Clifton and Little Falls residents only.

Aside from non-melanoma skin cancer, prostate cancer is the most common cancer among men in the United States. According to the American Cancer Society, 1 in 7 men will develop the disease over the course of their lifetime. Risk factors include the following:

- Age- the older a man is, the greater his risk for developing prostate cancer
- Family history- certain genes inherited from his parents may affect a man's risk of developing prostate cancer

- Race- prostate cancer is more common among African American men, where it is more likely to develop at an earlier age

Regular Prostate Specific Antigen (PSA) screenings and Digital Rectal Exams (DRE) help to detect prostate cancer during its early stages, while it is still easy to treat. A PSA test measures the amount of PSA in the blood which is a substance made by the prostate. The levels of PSA in the blood can be higher in men who have prostate cancer. The PSA level may also be elevated in other conditions that affect the prostate. If you have not been screened, and feel that you are at risk for developing prostate cancer, the Clifton Health Department and Hackensack Meridian *Health* Mountainside Medical Center encourage you to sign up for this screening. It could save your life.

The Clifton Health Department is a contractual health agency serving the Township of Little Falls.

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