



## CLIFTON HEALTH DEPARTMENT

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900 Clifton Avenue  
Clifton, NJ 07013

# CLIFTON HEALTH DEPARTMENT AND HACKENSACK MERIDIAN *HEALTH* MOUNTAINSIDE MEDICAL CENTER TO OFFER COLORECTAL CANCER SCREENING

### For Immediate Release

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The Clifton Health Department and Hackensack Meridian *Health* Mountainside Medical Center will be offering a free Colorectal Cancer Screening on **Tuesday, March 12, 2019 between 10am and 12pm at the Clifton Health Dept., 900 Clifton Ave., 2<sup>nd</sup> Floor, in Clifton.** Participants will receive a take-home fecal occult blood test kit and will be educated on how to use it as well as what to do if the results are positive. Follow-up will be conducted by Mountainside Medical Center. This Screening is open to Clifton and Little Falls residents. **Registration is required; please call the Health Department at 973-470-5773 to register.**

March is Colorectal Cancer Awareness Month, an opportunity to raise awareness about colorectal cancer and encourage action toward prevention. Colorectal cancer is a cancer that occurs in the colon or rectum. Precancerous polyps (growths) and colorectal cancer don't always cause symptoms, especially at first. If you do have symptoms, which may include blood in or on the stool, stomach pain, aches, or cramps that do not go away, or unexplained weight loss, it may be signs of colorectal cancer. However, it is important to remember that symptoms may be caused by something other than cancer. If you have any of them, see your doctor.

Among cancers that affect both men and women, colorectal cancer is the second leading cause of cancer deaths in the United States. Every year, about 140,000 Americans get colorectal cancer. Colorectal cancer most often occurs in people aged 50 years or older and the risk tends to increase with age.

The good news is that there is strong scientific evidence that screening for colorectal cancer beginning at age 50 saves lives. Colorectal cancer usually starts from precancerous polyps in the colon or rectum. Over time, some polyps can turn into cancer. Screenings tests are designed to find precancerous polyps so that they can be removed before they turn into cancer. Screening tests can also find colorectal cancer early, when treatment would be most effective. It is important to remember that there is no single best test for any person. Each test has its advantages and disadvantages. You should speak to your doctor about which test(s) are right for you and how often you should be screened.

If you would like to register for this free screening or if you have any questions, please call the Health Department at 973-470-5773.

*The Clifton Health Department is a contractual health agency serving the  
Township of Little Falls.*

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