



CLIFTON HEALTH DEPARTMENT

900 Clifton Avenue
Clifton, NJ 07013

CLIFTON HEALTH DEPARTMENT AND THE CENTER FOR VEIN RESTORATION TO HOLD FREE VEIN SCREENING AT CLIFTON CITY HALL

For Immediate Release

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The Clifton Health Department and the Center for Vein Restoration will be offering a **FREE Vascular (Vein) Screening** for Clifton and Little Falls residents on **Wednesday, June 21, 2023 from 2:00pm-4:00pm** at the **Clifton Health Department, located at 900 Clifton Avenue, 2nd Floor, in Clifton. Appointments are REQUIRED; please call 973-470-5773 to schedule your appointment. This screening will involve a lower leg vein ultrasound scan.**

Vascular screening is one of the most effective methods of performing early diagnosis of vascular diseases. Vascular ultrasound is a noninvasive method that will reveal if there is a blockage in a leg vein, which can be dangerous and life-threatening if the clot breaks loose and travels through the blood to the lungs. This screening does not replace a visit to a physician, but results should be shared with your primary care doctor for possible recommendations for treatment.

According to Inova Heart and Vascular Institute, approximately half of the United States' population suffers from some form of venous disease. In fact, nearly 55% of women and 45% of men are affected by unhealthy leg veins. The two main types of vein conditions are spider veins and varicose veins, both of which may indicate your veins are unhealthy. Spider veins are tangled groups of tiny blood vessels just under the skin's surface that look

like spider webs. They are usually red, blue or purple in color and are clearly visible on the thighs, lower legs and face. Varicose veins tend to be larger and are visibly bumpy or rope-like. Both of these vein conditions can produce physical symptoms—from leg pain and fatigue to itching, burning and nighttime restlessness. These are often under recognized issues that can severely impact mobility and quality of life, making vascular screening crucial in preventing serious complications from arising.

Please call 973-470-5773 to register or for more information about this free vascular education and ultrasound screening event. Remember, only a comprehensive ultrasound scan can reveal what truly lies beneath your skin.

The Clifton Health Department is a contractual health agency serving the Township of Little Falls.

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