

LITTLE FALLS DOMESTIC VIOLENCE PREVENTION COMMITTEE

How can YOU help?

You can help a friend or family member who is, or has been affected by violence

- ♥ **Physical safety is the first priority. If you believe a person is in danger, refer them to 911 for medical attention or the shelter hotline for a safe place**
- ♥ **Assure the person that you believe them and want to help.**
- ♥ **Listen and let the person talk about their feelings. Do not judge.**
- ♥ **Help them to find out what options are available to them.**
- ♥ **Assure them that they are NOT to blame.**

- ▣ **PASSAIC COUNTY 24-HOUR HOTLINE: 973-881-1450**
- ▣ **NJ DOMESTIC VIOLENCE HOTLINE: 800-572-SAFE(7233)**
- ▣ **IN AN EMERGENCY, PLEASE CALL 911**