

Little Falls Recreation Fall Sports

Champions League: 6 Week Program:

The Fundamentals Clinic, facilitated by The Sports Factory, is a welcoming and inclusive program that caters to individuals of all abilities, including children with intellectual and developmental challenges. Each participant is encouraged to have a Rutgers YSRC carded parent/guardian accompany them on the field throughout the weekly one-hour sessions held on Monday evenings.

Monday Evenings: 5:45pm to 6:45Ppm | Sept. 18th, 25th | Oct. 2nd, 16th, 23rd, 30th

Location: Railroad Field

PRE-K: 6 Week Soccer Clinic:

Saturday Mornings ONLY: 1 Hour Clinic - TIME TBD (9AM, 10AM, 11AM) | Sept. 16th, 23rd, 30th | Oct. 14th, 21st, 28th

****Cleats + Shin Guards Mandatory**

Location: Little Falls Sports & Recreation Complex

Kindergarten Soccer:

(Saturday Clinic & Wednesday Scrimmages)

Saturday Mornings (6 Week Clinic): 1 Hour Clinic. TIME TBD (9am, 10am, 11am) | Sept. 16th, 23rd, 30th | Oct. 14th, 21st, 28th

****Cleats + Shin Guards Mandatory**

Location: Little Falls Sports & Recreation Complex

Wednesday Scrimmages: 5:45pmor 6:45pm Games

Start Date: Sept. 27th

1st - 8th Grade Boys/Girls Soccer

Competes against other towns in the West Essex Youth Soccer League. Practices start late August (1-2 Times Per Week) – Games Start Early September. ****Cleats + Shin Guards Mandatory**

Heroes In Training (Pre-K-3rd Grade)

A low-intensity, fun, and engaging Sunday Morning Fitness Class, this program is led by certified trainers and schoolteachers, promising an enjoyable fitness experience for young participants.

9:00am & 10:00am: Sept 10th, 17th, 24th | Oct. 8th, 15th, 22nd

Location: Passaic Valley High School

Speed & Agility: 4 Day Camp (3rd-8th Grade)

A dynamic four-day speed and agility camp, where participants will undergo speed & agility training, learn cutting-edge techniques, and personalized coaching to enhance their athletic performance this upcoming fall! **OPEN TO ALL RESIDENTS / ATHLETES**

4:00pm to 5:00pm: August 28th, 29th, 30th, 31st

Location: Little Falls Sports & Recreation Complex

4th - 8th Grade Cross Country

Practice 1-2 Per Week – Compete in Weekly Meets in the West Essex Youth Cross Country League.

Meets Start Mid-September (Weekdays/Saturdays)

K-8th Grade Tennis (Tuesdays)

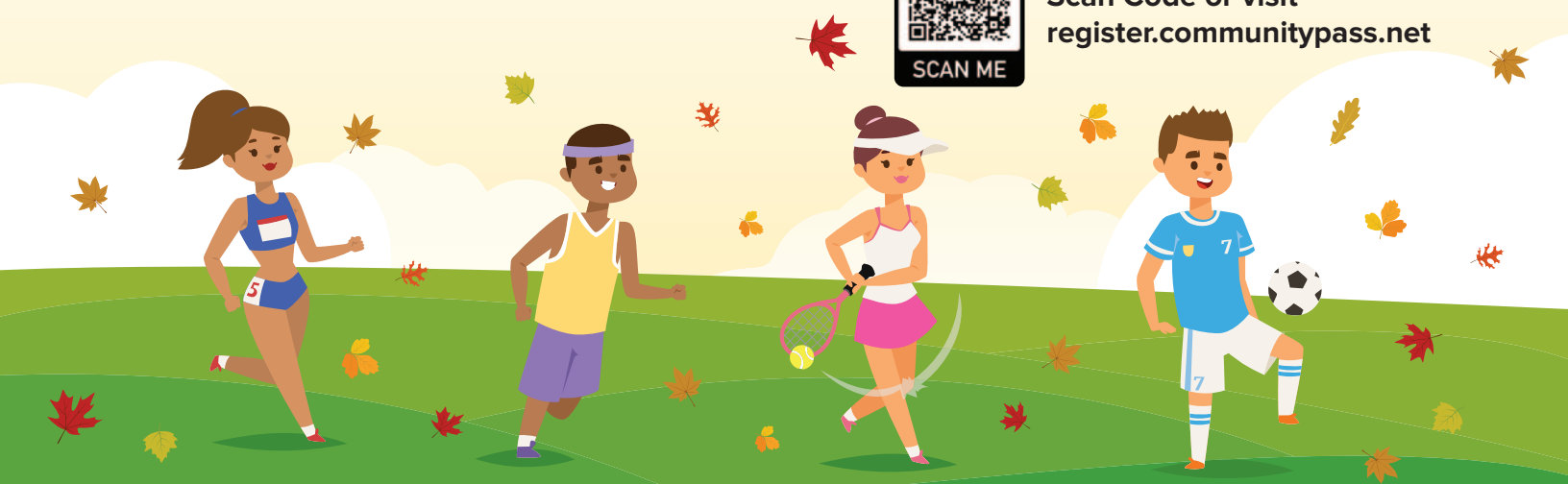
Register at: <https://usasportgroup.com/orgs/?oid=128>
(Hosted by US Sports Institute)

DEADLINE FOR ALL FALL SPORTS REGISTRATION IS TUESDAY AUG 1

If you wish to be a HEAD or ASSISTANT Coach for any sport, please email tpassero@lfnj.com



Scan Code or visit
register.communitypass.net



All start dates are tentative and dependent on weather.



The Township of Little Falls

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Mayor James Damiano

Council Members: Christopher Vancheri,
Anthony Sgobba, Michael Murphy,
Jayna Patel, Christine Hablitz

