

Little Falls Recreation Fall Sports

Champions League: 6 Week Program:

The Fundamentals Clinic is an inclusive non-competitive program for everyone, including children with intellectual and developmental challenges. Each athlete is encouraged to have a Rutgers YSRC carded parent/guardian on the field with them each week during the Clinic. Provided by The Sports Factory – (Fee Includes: Uniform Jersey & Shorts + Medal)

Monday Evenings: 5:45PM to 6:45PM | Sept. 12th, 19th, 26th | Oct. 3rd, 17th, 24th

Location: Railroad Field

PRE-K: 6 Week Soccer Clinic:

Saturday Mornings: 1 Hour Clinic - Exact Time TBD based upon Registration #s. | Sept. 10th, 17th, 24th | Oct. 1st, 15th, 22nd

Location: Little Falls Sports & Recreation Complex

Kindergarten Soccer:

(Saturday Clinic & Wednesday Scrimmages)

Saturday Mornings (6 Week Clinic): 1 Hour Clinic.

Clinic Dates: Sept. 10th, 17th, 24th - Oct. 1st, 15th, 22nd

Location: Little Falls Sports & Recreation Complex

Wednesday Scrimmages: 5:45PM or 6:45PM Games (Start Date TBD)

1st - 8th Grade Boys/Girls Soccer

Competes against other towns in the West Essex Youth Soccer League. Practices start late August (1-2 Times Per Week) – Games Start Early September. Cleats + Shin Guards Mandatory.

K-8th Grade Track & Field (Sundays ONLY)

Clinic Style Track & Field Program

Exact Times TBD – Based Upon Registration #s: Sept. 18th, 25th | Oct. 2nd, 9th, 16th, 23rd, 30th | Nov. 6th

Location: Passaic Valley High School Track

4th - 8th Grade Cross Country

Practice 1-2 Per Week – Compete in Weekly Meets in the West Essex Youth Cross Country League.

Meets Start Mid-September (Weekdays/Saturdays)

K-8th Grade Tennis (Tuesdays)

REGISTRATION TBD

DEADLINE FOR ALL FALL SPORTS REGISTRATION IS MONDAY AUG 1

If you wish to be a HEAD or ASSISTANT Coach for any sport, please email tpassero@lfnj.com



Scan Code or
Click Here to Register



All start dates are tentative and dependent on weather.



The Township of Little Falls

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Mayor James Damiano

Council Members: Christine Hablitz,
Albert Kahwaty, Anthony Sgobba,
Christopher Vancheri, Tanya Seber

