



**FREE**

## **ZIKA PREVENTION KIT**



This special kit from the **Passaic County Department of Health and New Jersey Department of Health** is designed to help you protect yourself and your baby from **Zika Virus**.

### WHAT IS ZIKA?

Zika is a viral infection usually spread through the bite of an infected *Aedes* mosquito.

Zika can also spread from an infected man or woman to his or her sex partners and from a pregnant woman to her unborn baby.

### SYMPTOMS

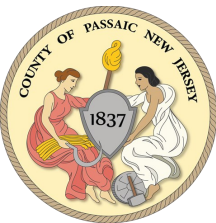
- ◆ Fever
- ◆ Red Eyes
- ◆ Joint Pain
- ◆ Headache
- ◆ Rash
- ◆ Muscle Pain



### HOW CAN YOU AVOID ZIKA?

- Avoid mosquito bites!
- Use insect repellent.
- Cover your skin.
- Mosquito-proof your home.
- Avoid travel to areas with ongoing Zika virus transmission.
- For more information please visit [www.cdc.gov/zika](http://www.cdc.gov/zika) or [www.nj.gov/health](http://www.nj.gov/health).

**#ZapZika**



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**Public Health**  
Prevent. Promote. Protect.